



GRAND VIEWPOINTS 2024

Message from the Administrator

Welcome to the June Edition of the Grandview Lodge Newsletter! As summer unfolds, we are excited to share the latest updates and news from Grandview Lodge. This month brings new beginnings, exciting events, and important changes that we believe will enhance our home.

As you are all aware, we have been completing a lot of work with our current HVAC project. I truly appreciate everyone's patience and support through the construction. We are nearing the completion of Phase 1 of the HVAC project, which involves replacing our existing transformer, as the current one cannot support the electrical load for the new air handlers. On Wednesday, **June 5th, 2024** power will be shut down for approximately 12 hours to facilitate this transition.

We sent out a memo earlier this week about the upcoming power outage. To ensure everyone is well prepared, we have included the same information in this newsletter.

Details of the power outage:

- The power outage has been scheduled for **Wednesday, June 5th at 7:00 a.m.**
- The power outage is anticipated to last for 10-12 hours
- GVL will be utilizing the back-up generator throughout the home for the duration of the power outage
- The Auditorium will be a designated cooling zone
- Contingency plans have been created for each department, to ensure Resident care and operational needs of the home are minimally impacted by the power outage
- Hydration stations will be set up in each Resident Home Area, Auditorium and Staff Room
- The Ministry of Long-Term Care has been notified and updated with this plan, as part of the overall HVAC project

What to expect during the power outage:

- There will be no air conditioning throughout the home during the power outage, except for the Auditorium
- Lighting will be minimal in some areas of the building. Flashlights will be available in impacted areas
- Meal service times and process will not be affected; however, meal options will be adjusted to accommodate the power outage. Please see the updated planned menu posted above the weekly menus in the Home Areas. Disposable plates, cutlery and trays will be utilized for meals
- Additional hydration interventions will be in place for both Residents and Staff (i.e., frozen treats, bottled water etc.)
- T. Vs will not be functioning for the duration of the power outage. We have made arrangements for Rogers to be on-site the day after the power outage to reset any impacted T. Vs
- You may hear different noises (construction noise) throughout the day.

Grandview encourages Residents and loved ones to:

- Stay hydrated and/or inform staff if you are feeling unwell
- Access the shaded Pavilion in the Centennial Gardens
- Plan an outing in the community to break up your day

Should you have any questions or concerns please do not hesitate to reach out to me directly.

Thank you for being a part of the Grandview Lodge family. Enjoy the warmth of summer and the vibrant community spirit that makes Grandview Lodge a special place to be.

Warm regards,

Amy Moore, Administrator

amoore@haldimandcounty.on.ca

Accounts Clerk

The Ministry of Long-Term Care has communicated that effective **July 1st**, a 2.5% increase will be applied to the co-payment rates for basic and preferred (private) accommodations in Long-Term Care Homes.

Basic Accommodation Rates:

- Basic Accommodation rates **will increase by \$49.58 per month**, from \$1,986.82 to \$2,036.40 per month

Preferred Accommodation Rates:

- Preferred accommodation rates **will increase by \$70.87 per month**, from \$2,838.49 to \$2,909.36 per month

Rate Reduction:

- If you are eligible for a rate reduction (income of \$25,000 or less) and live in a basic room, please bring your 2023 Notice of Assessment to Kayla White at the front office, or email it to kwhite@haldimandcounty.on.ca as soon as possible. If you are unsure of your eligibility, feel free to call Kayla at ext. 2222
- **If we have not received your 2023 Notice of Assessment by Friday, June 20th, 2024—the rate for July will be billed at the maximum accommodation rate of \$2,036.40 per month, as mandated by the Ministry**

Don't hesitate to reach out for clarification or more information if needed.

Kayla White, Accounts Clerk, ext. 2222

kwhite@haldimandcounty.on.ca

Laundry & Housekeeping Services:

As you know, with warmer weather approaching, we ask families to please go through their loved one's closet and take home items that will not be needed.

We realize this is a daunting task, but it is necessary to keep closets organized and less overwhelming for your loved one. We ask that families limit clothing to 7 outfits only. The closets are very small and can become overwhelming to anyone, not just your loved ones.

Thank you!

Kristen VanKuren, Supervisor of Laundry, Housekeeping and Dietary Services

kvankuren@haldimandcounty.on.ca

Dietary Services

Hot Weather and Hydration

With hot and humid summer months on the horizon, we recognize that hot weather conditions can pose a risk to everyone, which is why staying hydrated is so important. Ensuring proper hydration among Residents, especially during the summer months is crucial to their health and well-being. Here is information on how to recognize dehydration and strategies to minimize the risk of dehydration:

Signs & Symptoms of Dehydration:

- Confusion
- Headache
- Darker concentrated urine
- Poor skin turgor
- Fatigue
- Dry mouth
- Constipation
- Dizziness
- Muscle cramps



Minimizing Dehydration:

- **Don't wait until you're thirsty to drink**
By the time you feel thirsty, you're already slightly dehydrated. Sip water steadily throughout the day and drink more fluids than usual when the weather is hot
- **Eat water-rich foods**
Fruit, applesauce, vegetables, ice-cream, popsicles, Jell-O, yogurt and freezies are all great examples of hydrating treats
- **Stay inside when temperatures are too hot**
On very hot days, stay indoors in cool, shaded environment, or access Grandview's outdoor Pavilion in Centennial Gardens, which provides ample shade from the sun
- **Dress for the weather**
Wear light, loose-fitting clothing that lets your skin breathe and hats and sunglasses to protect yourself from the sun. Wearing sunscreen can help keep your body temperature lower, too and will protect your skin from UV rays

**If you are feeling unwell, please notify a staff member immediately.
Your health, safety and well-being are of utmost importance.**

Taryn Lynn, Supervisor of Dietary Services

tlynn@haldimandcounty.on.ca



Stay cool this summer by popping into the Tuck Shop for some refreshing treats!

Ice Cream Sandwiches, Drumstick Ice Cream, Freezies and cold Soft Drinks will be available throughout the summer!

Nursing & Personal Care Services

With the onset of the hot and humid summer months, hot weather conditions pose a risk to everyone. People aged 65 and older are more prone to heat conditions and illness than younger individuals for several reasons including age, medications, and certain medical conditions. This presents a tremendous challenge to individuals living in Long-term care homes.

The Government of Ontario has guidelines for Long-term care homes for the assessment, prevention, and management of heat related illnesses. In addition, a Heat Warning Information System (HWIS) was implemented by Environment and Climate Change Canada in order to standardize timely heat health messaging to reduce the avoidable human health consequences of extreme heat. Please make sure to follow the guidelines recommended.

Here at Grandview Lodge, we pride ourselves on the best support to those who live and work in the Home. All Residents are assessed for risk of heat related illnesses and it is readily available for staff to reference. Staff are encouraged to take their scheduled breaks to rest and get extra hydration throughout the day to prevent heat related illnesses while working.

Stay safe this summer to enjoy time with family, friends, and loved ones!

HEAT EXHAUSTION OR HEATSTROKE

FAINT OR DIZZY	THROBBING HEADACHE, CONFUSION
EXCESSIVE SWEATING	NO SWEATING
COOL, PALE, CLAMMY SKIN	BODY TEMPERATURE ABOVE 103° RED, HOT, DRY SKIN
NAUSEA OR VOMITING	NAUSEA OR VOMITING
RAPID, WEAK PULSE	RAPID, STRONG PULSE
MUSCLE CRAMPS	MAY LOSE CONSCIOUSNESS

- GET TO A COOLER, AIR-CONDITIONED PLACE
- DRINK WATER IF FULLY CONSCIOUS
- TAKE A COOL SHOWER OR USE COLD COMPRESSES

- CALL 9-1-1
- MOVE PERSON TO COOLER PLACE
- COOL USING COOL CLOTHS OR BATH
- DO NOT GIVE ANYTHING TO DRINK

**If you are feeling unwell, please notify a staff member immediately.
Your health, safety and well-being are of utmost importance.**

Debbie Marks, Director of Nursing
dmarks@haldimandcounty.on.ca

Charlotte Hutchinson, Associate Director of Nursing
chutchinson@haldimandcounty.on.ca

Infection Prevention and Control

CONTACT DERMATITIS

What is it?

Contact dermatitis is an inflammation of the skin that results from direct contact with a substance on the surface of the skin. While dermatitis itself isn't contagious, if the skin is irritated and broken it can create a portal of entry and lead to a bacterial or fungal infection.

Signs & Symptoms?



How can I prevent it?

1. Wear Protective Clothing/PPE

- Understand the potential hazards and wear proper personal protective equipment to help protect your skin when it comes into contact with irritants (common irritants; soaps, detergents, perfumes, oils, powders, dust, water, plants etc.)

2. Wash & Dry Properly

- Wash any contaminated skin quickly and thoroughly with soap and water, and then dry skin fully. Do not put on gloves with wet hands.

3. Check Skin Regularly

- Look for the early stages of dermatitis, i.e., itchy, dry or red skin. Try using a moisturizing cream often. You may need to see medication in some cases (always connect with your healthcare provider to determine if medication is required).

Facts

- Many studies show that alcohol-based hand rub (ABHR/hand sanitizer) is more effective and better tolerated with less skin irritation than soap and water (PHO, 2019).
- Hand moisturizing skin-care products should be available for use to minimize the occurrence of irritant contact dermatitis associated with hand hygiene.

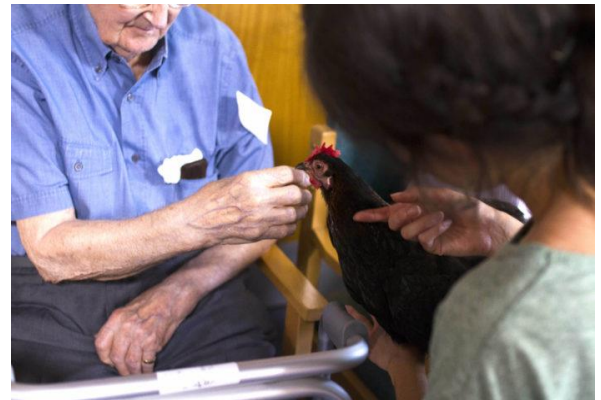
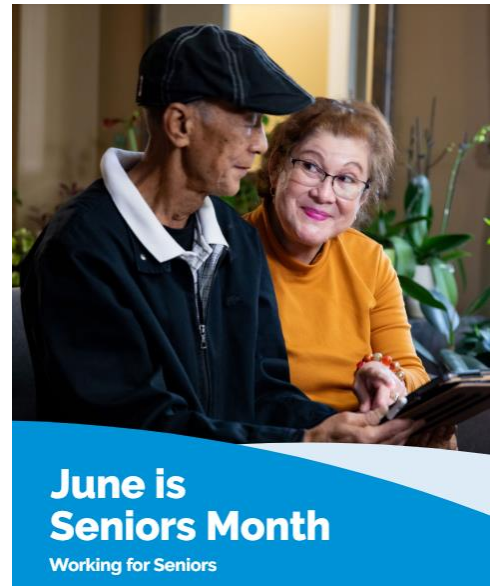
Taylor Reichheld, IPAC Coordinator

treichheld@haldimandcounty.on.ca

Programs & Support

Spring has sprung and there is a lot of exciting things happening in the month of June!

- June is **Seniors Month** and Grandview Lodge will be celebrating our seniors throughout the month with fun activities and tributes to recognize seniors, their leadership and wisdom that continues to strengthen and enrich Grandview Lodge, and our communities.
- The **CHICKENS** are back! Please take a walk down Chicken Drive and enjoy the therapeutic benefits of our chickens. They are full of life and will instantly put a smile on your face!
- Our **Annual Memorial Planting Event** is scheduled for Thursday June 6th (rain or shine) from 6:30-7:30 p.m. in the Grandview Lodge Centennial Gardens. Please join us as we honor the life of your loved one with fellowship and gardening.
- The **OBIE** has been shipped out for repairs and GVL is dedicated to getting the OBIE back up and running.
- Take a ride on our GVL **Accessible Bike**, and enjoy the beautiful scenery around our home. Residents and families are welcome to use the bike throughout the summer months. Please contact Melissa Baisley for more information or Jodi Walsh to schedule a ride.



GVL is recruiting Family Council members. Family Council offers peer connection and support, while providing a safe place for you to share your thoughts, opinions, ideas, and be part of our GVL family. Please contact Melissa Baisley for information.

GVL is looking for volunteers to join our team! Research has shown that long-term care volunteers play important roles in enhancing the quality of life of residents, often through providing forms of relational care, and being the heart of our home. Please contact Melissa Baisley if you are interested.

I am so excited to be part of the GVL Family, and I look forward to supporting and contributing to a meaningful life for our residents.

Thank you,

Melissa Baisley, Supervisor of Programs & Support

mbaisley@haldimandcounty.on.ca

Social Services:

The Resident's Council is happy to announce the launch of its new **Financial Assistance Program**. This program is intended to increase Resident health, wellness and quality of life by assisting with financial barriers to supports such as assistive or medical devices, mobility aides, recreational activities or outings, and more!

Eligibility Criteria is as follows:

1. The applicant must be a current Resident of Grandview Lodge Long Term Care Home.
2. The applicant must require financial assistance with the cost an item(s) which would increase their health, wellness, and/or quality of life.

3. The applicant must demonstrate verified financial need.
4. The applicant must demonstrate reasonable effort to pay the required fees prior to submitting an application for funding.
5. The applicant must not have received funding from the Resident's Council within the last 12 months.

To learn more or to obtain an application, please connect with Ashley Mellen, Social Service Worker at ext. 2251

Ashley Mellen, Social Service Worker
amellen@haldimandcounty.on.ca



**Caregiver
Connections**

Family Caregiver
Education and Support Group

Please join us for an opportunity to share your experiences, and learn from other family caregivers.

Each session will include an educational presentation and discussion facilitated by Grandview Lodge Social Service Worker, Ashley Mellen.

Topic:	Self- Care
Date:	Tuesday June 25, 2024
Time:	6:00- 7:30 PM
Location:	Conference Room

To register or learn more, please contact Ashley Mellen at ext 2251.

RESIDENT FEATURE: DOROTHY JEAN GREENWOOD OF CREEKVIEW

The name "Dorothy" means a "gift of God."

Dorothy Jean Kaufman was born in the dining room of her parents' house on Brewster Street, in Hespeler, now Cambridge, on October 6, 1922. She was the second of 6 children. Her parents were second generation German, Scottish and Irish immigrants. She grew up during the 1930's depression -and although the times were difficult, she, her family and friends had fun times playing music, dancing, bob-sledding, skating and picnicking. Their favourite place to picnic was the banks of the Grand River. These activities surely kept up their spirits during hard times. At a very young age, she learned to play the guitar and piano; later on, the fiddle and accordion.

Throughout her teenage years, Dorothy became involved in her community, and loved to help people. She graduated from Galt Collegiate in 1939, and her dream was to be a nurse.



However, in September 1939, WWII started. Factories, like the Dominion Mills in Hespeler, needed women to make wool khaki for uniforms. Dorothy went to work, and proudly kept her first pay stub. She remembers the scarcities of those times, especially the rationing (gas, butter, sugar) and packing life jackets with milkweed seeds. However, she also remembers some of the good times, such as playing the piano at Mill dances.

Later in 1939, Dorothy met William Greenwood, who frequented the diner where Dorothy worked on weekends. They had much in common. He liked to sing and dance; he was also - in her words "very handsome". When he got a job at Westinghouse in Hamilton, he continued to see her, but was soon called up for the army. After years of military service, he returned to Canada, and they were married June 16, 1945 in Hespeler.

Dorothy and Bill had four children: Richard, Virginia, Constance, and Leeanne. The family spent its vacations camping at Ontario Parks, or in a farmer's field on the Saugeen River; Bill loved to fish. He also loved sports and passed his athletic "gift" on to the children, who competed at many levels, including Canadian Championships. Dorothy was proud of her children and supported them wholeheartedly. After 44 years of marriage, Bill passed away suddenly in 1989 in his 73rd year. She lived in their home until she was 99 years old, and then moved to Font Hill, and later, Port Maitland to be with her family. In total, Dorothy has 18 grandchildren, 41 great grandchildren, and 5 great great grandchildren.

Over the 101 years of her life, Dorothy has also shared her "gifts" of talent and leadership with many groups in her community too many to mention here. In recognition of that volunteerism, she has received a Special Award for her Ministry of Music to the New Westminster Presbyterian Church; and Life Time Achievement Award Women's Missionary Society. Dorothy also had another "gift": a beautiful voice. During her lifetime, she performed in local theatre and opera productions. She also directed the Y.W.C.A. Seniors' choir for 25 years, and, for her commitment, was nominated for the Hamilton Senior Citizen of the Year Award, along with many other worthy individuals.

...And in all her spare time,

Dorothy enjoyed her hobbies: gardening, sewing, hooking rugs, making quilts and teddy bears. She still believes in the magical powers of teddy bears ...and gave many of them to people whom she felt needed their healing powers. In her "Teddy Bear Book," she recorded a few details of the teddy bears she had made and given away ...over 800.

What many gifts she has given...her music...her leadership...her love...her thoughtfulness.

...and in return, we are certainly able to say that she, indeed, is a gift to us. At 101, you can hear her playing the piano in Creekview at Grand View Lodge.

WHAT'S HAPPENING IN: BRIDGEVIEW



Swinging in Spring with Baseball! In April, we held our Game Opening Day with watching Baseball, participating in games, and enjoying baseball themed snacks! With the events on the rise and everyone getting out and about, we also celebrated a wonderful Mother's Day. Thank you for everyone that attended Residents, Families and Staff! Can't wait for the buzz of the summer to come along!



HAPPY FATHER'S DAY

Join us for Father's Day Lunch on Sunday, June 16th at 12:00 p.m.

Please see Jodi Walsh, Resident Services Clerk, at reception to purchase meal tickets and enjoy a special meal with your loved one.
Meal tickets are \$13.00 each

HAPPY BIRTHDAY

Wishing you a wonderful year filled with special moments, good health and happiness!

Carol Anderson

Joan Meeuwse

June Richards

Ella Cook

Gwynneth Pears

Muriel Robson

Brian Dicy

Doug Potter

Lenora Sherwood

Laird Lint

Lynda Prentice

WELCOME

Grandview Welcomes:

Linda Thrower to Bridgeview!

Rose Steffler to Creekview!

Barbara Whyte to Hillview!

Tom Abbott to Marshview!

Lea Jansen to Hillview!



It is with heavy hearts that we say goodbye to:

Connie Bronson of Marshview

Joyce Snider of Bridgeview

Things Dad Loves

Use the clues to fill in the crossword.

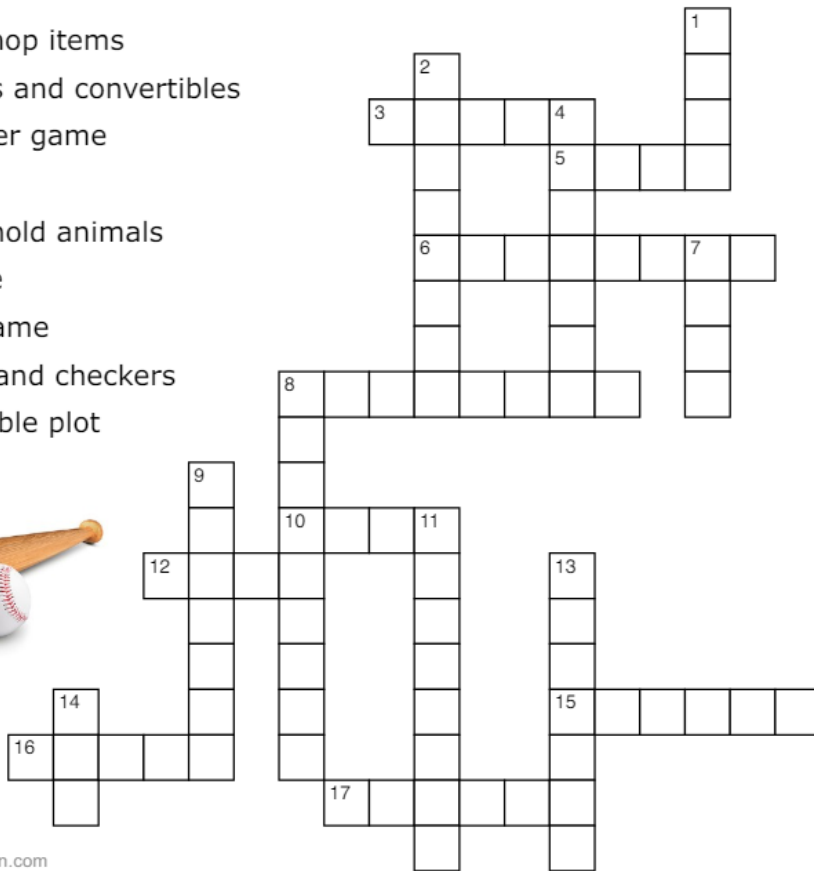
ACROSS

- 3. Workshop items
- 5. Coupes and convertibles
- 6. Summer game
- 8. Kids
- 10. Household animals
- 12. Spouse
- 15. Rink game
- 16. Chess and checkers
- 17. Vegetable plot



DOWN

- 1. Plays on words
- 2. Fall weekend game
- 4. Physics or chemistry
- 7. Mowing site
- 8. Woodwork
- 9. Pals
- 11. Jogging gear
- 13. Rod and reel sport
- 14. Afternoon snooze



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GRANDVIEW LODGE

657 Lock St W
 Dunnville ON N1A 1V9

Phone: 905 774-7547

Fax: 905 774-1440

Web: www.haldimandcounty.ca

Mission Statement:

“With comfort, compassion and care, Grandview Lodge community supports a meaningful life for residents.”

Contact us:**Administrator**

Amy Moore Ext 2224

Supervisors, Dietary Services

Taryn Lynn Ext 2228

Kristen VanKuren Ext 2237

Dietitian

Kaitlyn Myles Ext 2240

Director of Nursing

Debbie Marks Ext 2234

Associate Director of Nursing

Charlotte Hutchinson Ext 2226

Supervisor, Facility Operations

Steve Durk Ext 2241

Supervisor, Programs & Support

Melissa Baisley Ext 2233

Social Service Worker

Ashley Mellen Ext 2251

ADMINISTRATION:

Resident Services Clerk Ext 2221

Accounts Clerk Ext 2222

Administrative Assistant Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATIONISTS:

Nicole Leeney, Creekview Ext 2303

Bev Little, Hillview Ext 2300

Gayle McDougall, Marshview Ext 2302

Megan Herkimer, Bridgeview Ext 2301

Physicians

Dr. Kamouna Attending Physician/
 Medical Director

Dr. Ezzat Attending Physician

Upon request, the Director of Nursing may attend Physician appointments held at Grandview Lodge. Please see the registered staff in your home area.

The following services are available at Grandview Lodge:

Rajesh John Physiotherapist

Bobbi-Jo Biggley Hairdresser &
 Barber

Jodi Ainsworth, RPN Foot Care

Rosanne Turenne, RDH Dental Hygienist

For more information regarding the above services or to book transportation for an off-site medical appointment (we have a van, fees apply), please call Jodi Walsh, 905 774-7547, ext. 2221.

