



GRAND VIEWPOINTS 2024

Message from the Administrator

Welcome to the July edition of the Grandview Lodge newsletter! As we celebrate Canada Day, we are filled with joy and pride for our beautiful country. Canada turned 157 years old this year, having been founded on July 1st, 1867. Did you know that Canada is the second-largest country in the world by land area, and it boasts the longest coastline of any nation? From the majestic Rocky Mountains to the vast forests and stunning lakes, Canada's natural beauty is truly remarkable.

Here at Grandview Lodge in Dunnville, Ontario, we are proud of our community and its unique charm. One of our local treasures is Muddy the Mudcat, the iconic statue that celebrates Dunnville's rich fishing heritage. Standing tall and welcoming visitors, Muddy is a symbol of our town's spirit and history!



I am pleased to share an update on Phase 1 of our HVAC project. On June 5th, we installed a new transformer. One of the final tasks for this phase was the startup and commissioning of six brand new Roof Top Air Conditioning (RTAC) units. These units provide both heating and cooling to various areas throughout the Lodge. The installation and commissioning are now complete, and the new units are fully operational with enhanced HVAC capabilities. As with any new system startup, adjustments are being made to ensure optimal performance. These adjustments will continue as needed. All six units are currently operational, ensuring everyone's comfort throughout the summer months and beyond.

Phase 2 of this project is expected to begin this fall, which will include the replacement of the remaining rooftop air conditioning units and our backup generator. I want to thank everyone for your continued support and patience throughout this project.

For those of you who have had the privilege of working with our Registered Dietitian, Kaitlyn Myles from Seasons Care, she has accepted a new opportunity closer to home. Kaitlyn's last day will be July 2nd. Seasons Care provides our dietitian services, and once they inform us of Kaitlyn's replacement, I will share the details with you. I want to thank Kaitlyn for her time and dedication to Grandview Lodge. We wish her all the best in her future endeavors!

Thank you for being part of our community, and we look forward to a wonderful month ahead!

Warm regards,

Amy Moore, Administrator

Newsletter Update

Here at Grandview, we pride ourselves in keeping Residents, family members and the Dunnville community in-the-know of the happenings within the home. From project updates to Resident features and everything in between, the Grand Viewpoints keep us connected on a monthly basis.

We received feedback from the last Resident & Family Satisfaction Survey on ways to improve the newsletter—what content is valuable, what Residents would like to read and the overall look and feel of the Viewpoints. As a result of the suggestions received, we have partnered with the Haldimand County Communications team to revamp the Grand Viewpoints!

Keep your eye out for the new-and-improved Grand Viewpoints for the month of August!

Daniela Grimaldi, Administrative Assistant

Facility Operations

HVAC Project Update

Earlier in June we had a day-long power outage to facilitate the installation of a new transformer to allow for the six new air handling heating and cooling units. Each of the four Resident home areas now have new units that will ensure that we maintain a comfortable environment for our residents, staff and visitors. The other two units serve our inner core of GVL.

I would like to thank you for your patience through this process as we finish up the first phase of our HVAC project. In the coming months, we will be gearing up for Phase II of the overall project which will consist of seven more air handling heating and cooling units along with the installation of a new generator that will serve as backup power in the event of a power disruption. Thanks again, and stay cool everybody!

Outside Garden Areas

Now that Summer is in full swing, you will notice that our garden areas are looking vibrant with lots of colour and foliage. Our Maintenance team are working hard to ensure that our garden areas are well maintained for you to enjoy. Our Maintenance Summer Student, Jenny, will be helping us maintain the gardens and exterior areas of Grandview Lodge throughout the summer! Make sure you take some time to enjoy the great weather.



Steve Durk, Supervisor of Facility Operations

Environmental Services

As usual, the housekeeping team is diligently ensuring our home is impeccably clean and bright! Over the next few months, we will begin washing the exterior windows to get our sparkle back for the Family Day Celebration in September.

That said, our housekeeping staff work tirelessly to uphold top cleanliness standards, preventing the spread of infectious disease in our home. They adhere to cleaning and disinfection protocols to ensure Residents' safety. During outbreaks, we extend our cleaning hours to halt the spread of infection.

Kristen VanKuren, Supervisor of Laundry, Housekeeping and Dietary Aides

Nursing and Personal Care

Let's talk about medication safety. As part of our Strategic Plan – Resident & Safety Focused, GVL strives to ensure safe medication practices.

The College of Nurses of Ontario (CNO) Practice Standard: Medication outlines three principles of accountability when engaging in medication practices, such as administration, dispensing, medication storage, inventory management and disposal.

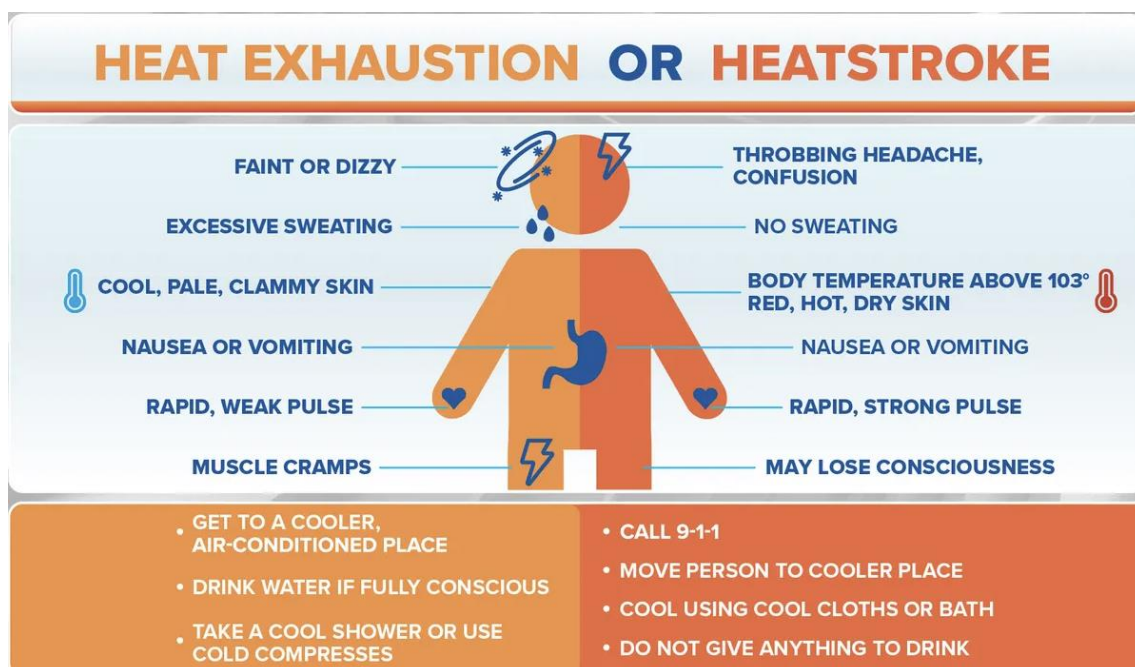
Safety:

- Nurses promote safe care and contribute to a culture of safety within their practice environments, when involved in medication practices.
- Nurses must document and retain a copy of the information recorded on the container in which the medication was dispensed and include the information in the client's health record
- Nurses must take appropriate action to prevent, resolve or minimize the risk of harm to a client from a medication error or adverse reaction
- Nurses must collaborate in the development, implementation and evaluation of system approaches that support safe medication practices within the health care team.

The Nursing Department is pleased to announce we have used funding from the Ministry of LTC to enhance our Medication Safety program. We have purchased infrared scanners for the medication carts to add an extra safety check to the medication administration process. The medication packets are scanned using the QR code to pull up the list of medications to be double checked are present in the packet. Once the nurse verifies the list matches the physical medications, they can be administered to the Resident and signed off. If multiple packets are to be given, the scanner will allow the nurse to check each packet separately and ensure all scheduled medications are given.

Heat Exhaustion vs. Heat Stroke

Heat exhaustion and heat stroke are both serious heat-related illnesses, but they differ in their severity and symptoms:



Both conditions can be prevented by staying hydrated, avoiding prolonged exposure to hot environments, wearing appropriate clothing and taking breaks in shaded or cooler areas.

If you are feeling unwell, please notify a staff member immediately.

Your health, safety and well-being are of utmost importance.

Debbie Marks, Director of Nursing
Charlotte Hutchinson, Associate Director of Nursing

Dietary Services

As we soak up the sun these summer months, we recognize the potential risks posed by hot and humid weather conditions. It is crucial recognize the signs and symptoms of dehydration and to prioritize hydration to safeguard our Residents' health and well-being.

How can I tell if I'm dehydrated?

- Confusion
- Headache
- Darker concentrated urine
- Poor skin turgor
- Fatigue
- Dry mouth
- Constipation
- Dizziness
- Muscle Cramps

What can I do to stay hydrated?

- Sip water steadily throughout the day; don't wait until you're thirsty to drink
 - Eat water-rich foods like fruit, vegetables, ice-cream and popsicles
 - Stay inside when temperatures are too hot
 - Dress accordingly for the weather (sunglasses, hats, loose-fitting clothing)
 - Wear sunscreen
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What's Cookin'?

Our Home Area BBQs will be in full swing for July and August! On a rotating basis, each home area will enjoy a BBQ lunch under the Pavilion in the Centennial Gardens!

July BBQs will be on Wednesdays for Residents of Hill View and Marsh View and August BBQs will be on Tuesdays for Residents of Bridge View and Creek View. All BBQs will include a variety of entertainment



In addition to the home area BBQs, GVL will be celebrating the following **National Food Holidays** with special menu items made by our lovely Cooks and Dietary Aides:

- July 3rd → Chocolate Wafer Day
- July 6th → Fried Chicken Day
- July 7th → Macaroni Day
- July 9th → Sugar Cookie Day
- July 12th → Pecan Pie Day
- July 16th → World Cherry Day
- July 22nd → Mango Day
- July 29th → Lasagna Day

Taryn Lynn, Supervisor of Dietary Services

Programs & Support

Happy Canada Day everyone!

Grandview Lodge is kicking July off with a Canada Day Bash on Tuesday, July 2nd, from 6:00-7:00 p.m. with Brad Boland Entertainment in the Centennial Gardens.



'Tis the season to spend time outdoors! We have brought GVL's accessible bicycle out of storage for the season and have begun taking Residents for bike rides! If you are interested in taking your loved one on a bike ride, please connect with Melissa Baisley, Supervisor of Programs & Support, or one of the Recreation Programmers to arrange training.

July is brimming with enjoyment under the sun, making it the perfect time to embrace summer with Lemonade Day celebrations, lunch outings and entertainment throughout the month!

“Summer means happy times and good sunshine”-Brian Wilson

The OBIE is back and ready to be played! The OBIE is a fun interactive gaming console that encourages active play through touching, moving, and hand-eye coordination skills. The games are cognitively stimulating, socially engaging, and physically invigorating.

“We don't stop playing because we grow old; we grow old because we stop playing”

-George Bernard Shaw

The dog days of summer are approaching, and we welcome Opie, a new member of our pet-therapy team, who will be visiting GVL on Friday mornings! GVL also has two therapy chickens, Honey and Garlic, who will be lodging with us throughout the summer and can be found galivanting freely in the Centennial Gardens.

Did you know that pet-therapy offers numerous benefits for Seniors, including?

- Emotional Support
- Physical Health
- Mental Stimulation
- Social Interaction
- Mood Enhancement

Are you available for some additional time each week, or do you know someone seeking volunteer opportunities? We welcome you to join our team of volunteers at Grandview Lodge! Volunteering is highly fulfilling and just one hour a week can truly impact someone's life.

“The best way to find yourself is to lose yourself in the service of others”-Gandhi

Melissa Baisley, Supervisor of Programs & Support

HAPPY BIRTHDAY

Norm Adams

Neal "Satch" Page

Tex Cheese

Jerry Sone

Wanda Chivers

Lori Spadafora

Nick Dykstra

Lori Vanderbeek

Eileen Kwiatkowski

Wishing you a wonder year filled with special moments, good health and happiness!



Grandview Lodge welcomes:

Frances Montague to Hillview!

Anna Kittan to Marshview!



It is with heavy hearts that we say goodbye to:

Lea Jansen of Hillview

Susan Cheese of Marshview

Ed Hastings of Bridgeview

Nikola Rogic of Bridgeview





GRANDVIEW LODGE: 905-774-7547

LEADERSHIP:

Administrator

Amy Moore Ext 2224

Director of Nursing

Debbie Marks Ext 2234

Associate Director of Nursing

Charlotte Hutchinson Ext 2226

Supervisor, Dietary Services

Taryn Lynn Ext 2228

Supervisor, Facility Operations

Steve Durk Ext 2241

Supervisor, Laundry & Housekeeping

Kristen VanKuren Ext 2237

Supervisor, Programs & Support

Melissa Baisley Ext 2233

ADMINISTRATION:

Resident Services Clerk

Jodi Walsh Ext 2221

Accounts Clerk

Kayla White Ext 2222

Administrative Assistant

Daniela Grimaldi Ext 2223

NURSES STATIONS:

Bridgeview Ext 2238

Creekview Ext 2262

Hillview Ext 2247

Marshview Ext 2261

RECREATION TEAM:

Social Service Worker

Ashley Mellen Ext 2251

Creekview Recreation

Nicole Leeney Ext 2303

Hillview Recreation

Bev Little Ext 2300

Marshview Recreation

Gayle McDougall Ext 2302

Bridgeview Recreation

Megan Herkimer Ext 2301

PHYSICIANS:

Medical Director

Dr. Kamouna

Attending Physician

Dr. Ezzat

REGISTERED DIETICIAN:

Kaitlyn Myles Ext 2240

SERVICES:

Hairdressing & Barber

Bobbi-Jo Biggley Ext 6154

Physiotherapist

Rajesh John Ext 2232

Foot Care

Jodi Ainsworth, RPN

Dental Hygienist

Rosanne Turenne

